



Academic Curriculum Vitae

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Research interests:

Infertility Nursing and assisted Reproductive Technologies Nursing



Education

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Location</u>
1996- 2000	Bachelor's, Nursing	Tehran University of Medical Sciences	Tehran, Iran
2001-2003	MSc, Medical-Surgical Nursing	Tarbiat Modares University	Tehran, Iran
2008-2012	PhD, Nursing Education	Tarbiat Modares University	Tehran, Iran
2013-2015	Post doctorate	Tarbiat Modares University	Tehran, Iran



Professional Experience and Executive Positions

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Location</u>
2022 till now	Head of International affairs	Shahid Beheshti University of Medical sciences	Tehran
June 2014 till now	Faculty Member	Shahid Beheshti University of Medical sciences	Tehran
September 2007	Faculty Member	Qom University of Medical sciences	Qom
April 2004	Faculty Member	Kashan University of Medical sciences	Kashan
June 2001	Nurse	BooAli Hospital	Tehran
September 2001	Part-time Nurse	Eyvazzadeh Hospital	Tehran

Research- Publications

- Sahar Dabaghi, Mitra Zandi, Abbas Ebadi, Abbas Abbaszadeh, Camelia Rohani. Development and psychometric evaluation of the safety feeling scale in adult patients at hospital: Exploratory sequential mixed method. *Nursing Open*. 2023; 00:1–10. DOI: 10.1002/nop2.1850.
- Sorour Khari, Mitra Zandi*, Mahmoud Yousefifard. Prognostic Value of Physiological Scoring Systems in COVID-19 Patients: A Prospective Observational". *Advanced Emergency Nursing Journal* 45(1):p 77-85, January/March 2023. | DOI: 10.1097/TME.0000000000000445
- Mohsen Adib-Hajbaghery. Shahnaz Bolandian-Bafghi and Mitra Zandi. “Nurses’ experiences of the role of organizational and environmental factors in the development of love of the profession: A qualitative study”. *BMC Nursing* 2022. 21(334).
- Sorour Khari, Mitra Zandi*, Mahmoud Yousefifard. Glasgow Coma Scale Versus Physiologic Scoring Systems in Predicting the Outcome of ICU admitted Trauma Patients; a Diagnostic Accuracy Study. *Archives of Academic Emergency Medicine* 2022; 10(1): e25. <https://doi.org/10.22037/aaem.v10i1.1483>.
- Mohsen Adib-Hajbaghery. Shahnaz Bolandian-Bafghi and Mitra Zandi. Nurses’ Perceptions of the Factors Contributing to the Development of the Love of the Profession: A Qualitative Content Analysis. *Nurs. Rep.* 2021, 11, 702–713. <https://doi.org/10.3390/nursrep11030066>.
- Somayyeh Babamir Satehi, Mitra Zandi, Homayoon Bana Derakhshan, Maliheh Nasiri, and Tahmineh Tahmasbi. Investigating and Comparing the Effect of Teach-Back and Multimedia Teaching Methods on the Self-Care in Patients with Diabetic Foot Ulcers. *Clinical Diabetes Journal* 2021 Apr; 39(2): 146-152.

- Mitra Zandi, Sahar Dabaghi, Narges Bagheri-Lankarani*, Reza Omani-Samani, Mojtaba Naderi-Taheri. Process of Becoming a Mother in Women Receiving Donated Egg: A Grounded Theory. *Asian Pacific Journal of Reproduction* 2020; 9(4):182-191.
- Sahar Dabaghi, Mitra Zandi*, Abbas Abbaszadeh, Abbas Ebadi. A Content Analysis of Patient Perception of Feeling Safe during Hospitalization. *Evidence Based Care Journal* 2020; 10 (2): 37-47.
- Zahra Kolahi, Mitra Zandi* , Roghayeh Esmaeili , Mehdi Khabaz Khoob. Effect of Angiography Room Orientation Tour on Anxiety of Patients Awaiting Cerebrovascular Angiography *Adv Nurs Midwifery*. 2020; 29 (2):7-11. doi: 10.29252/anm-25615
- Mozhghan Hajalimohammadi, Roghayeh Esmaeili, Mitra Zandi, Bagher Pahlavan Zadeh. Evaluation of the Effect of Caring Program Based on Roy Adaptation Model in Physiology and Self-Concept Dimensions on Fatigue of Elderly Cancer Patients Undergoing Chemotherapy. *Medico-legal Update April-June* 2020; 20 (2): 262-267.
- Fahimeh Hasanbeygi, Mitra Zandi*, Anoushirvan Kazemnejad, Atefeh Salimi-AkinAbadi. Evaluation of essential care skills for nurses working at the selected infertility clinics in Tehran, Iran, within 2016-2017: Nurses perspective. *Evidence Based Care Journal* 2020; 9(4): 53-59.
- Maryam Esmaili, Mitra Zandi*. The efficacy and complications of treatment in patients with liver cancer: A review study. *GOVARESH* 2020; 7(4): 206-216.
- Sahar Dabaghi, *Mitra Zandi, Mahnaz Ilkhani. Sexual Satisfaction in Patients with Mayer-Rokitansky-Küster-Hauser syndrome After Surgical and Non-Surgical Techniques: A Systematic Review. *International Urogynecology Journal (IUJ)* 2019. DOI: 10.1007/s00192-018-3854-5.



- Azam Eshaghian-Dorcheh, *Mitra Zandi, Maryam Rassouli, Mamak Tahmasebi. The Lack of Systematic Training for Health Care Providers, a Challenge for Providing Pediatric Palliative Home Care: a Comparative Study. *International Journal of Pediatrics*. Int J Pediatr 2019; 7(5): 9481-96. DOI: 10.22038/ijp.2019.36751.320
- Atefe Salimi Akin Abadi, Mitra Zandi*, Marzieh Shiva, Azita Pourshirvani, Anoshirvan Kazem-nejad. Effect of preparation program on maternal anxiety of mothers fertilized through in vitro fertilization. *Asian Pacific Journal of Reproduction* 2019; 8(3): 137-145.
- Atefe Salimi Akin Abadi¹, Mitra Zandi*, Marzieh Shiva, Azita Pourshirvani, Anoshirvan Kazemnejad. Effect of Preparation for Maternal Role Program on Self-esteem of Women Undergoing In-vitro Fertilization. *Evidence-Based Care Journal* 2018; 7 (4): 63-72.
- Mitra Zandi, Zohreh Vanaki*, Marzieh shiva, Essa Mohammadi. The Process of Becoming a Mother in Iranian Surrogacy Commissioning Mothers: A Grounded Theory. *Japan Journal of Nursing Science* 2018; 15 (1): 3–16.
- Hasti Ansari Ashlaghi, Azita Pourshirvani*, Mitra Zandi, Maliheh Nasiri. The effect of familiar voices on levels of agitation in patients admitted to intensive care units. *Medical Science*, 2018, 22(91), 328-334.
- Mitra Zandi, Essa Mohammadi*, Zohreh Vanaki, Marzieh shiva, Narges Bagheri-Lankarani, Faezeh Zareie. Confronting Infertility in Iranian Clients: A Grounded Theory. *Human Fertility*. 2017:
<http://www.tandfonline.com/action/showCitFormats?doi=10.1080/14647273.2017.1283447>.
- Seyedeh Narjes Mousavizadeh, Tahereh Ashktorab*, Fazlollah Ahmadi, Mitra Zandi. From Negligence to Perception of Complexities in Adherence to Treatment: Process in People with Diabetes: A Grounded Theory study. *Iranian Journal of Medical Sciences (ISI)*. 2017.
- Fahimeh Hasanbeygi, Mitra Zandi*, Zohreh Vanaki, Anoushirvan Kazemnejad. Investigating the Problems and Needs of Infertile Patients Presenting to Assisted Reproduction Centers: A Review Study. *Evidence-Based Care Journal* 2017; 7 (3): 54-70.



- Seyedeh Narjes Mousavizadeh, Tahereh Ashktorab*, Mitra Zandi. Improvement of Adherence to Treatment in People with Diabetes: An Iranian Perspective. *Journal of Research in Medical and Dental Sciences* 2017; 5 (6): 71-78.
- Mahboubeh Ahmadpour, Ali Darvishpoor Kakhki*, Mitra Zandi, Ramin Nourbakhsh. Factors Related to Functional Independence in Daily Activities of Older People with Osteoarthritis in Mashhad, Iran in 2016. *Advances in Nursing and Midwifery* 2017; 27(1):27- 31.
- Narges Bagheri-Lankarani, Faezeh Zarei, *Mitra Zandi (correspond), Reza Omani Samani, Morteza Karimi. The experiences of women fertilized through egg donation during their treatment process. *Evidence-based care journal* 2016. 6(1); 63-70.
- Mitra Zandi, Zohreh Vanaki*, Marzieh shiva, Essa Mohammadi, Narges Bagheri Lankarani; Security Giving in Surrogacy Motherhood Process as a Caring Model for commissioning mothers: A Theory Synthesis; *Japan Journal of Nursing Science* 2016:13(3); 295–410
- Mitra Zandi, Zohreh Vanaki*, Marziyeh Shiva, Eesa Mohammadi. “Nine Centuries Waiting: The Experiences of Iranians Commissioning Mothers”. *Iranian Journal of Nursing and Midwifery Research*. May-June 2014; 19 (3): 8-16.
- Mitra Zandi, Zohreh Vanaki*, Marzieh shiva, Essa Mohammadi, Narges Bagheri Lankarani, Morteza Karimi; Legal constraints of using surrogacy; *Journal of Nursing and Midwifery Sciences* 2014: 1(3): 11-23.
- AhmadAli Asadi Noghabi, Mitra Zandi, Abbas Mehran, Seyed Moayed Alavian, Ali Hasanpour Dehkordi. The Effect of Education on Quality of Life in Patients under Interferon Therapy, *Hepatitis Monthly*, Summer 2010.
- Mitra Zandi, Mohsen Adib-Hajbagheri, Robabeh Memarian, Anooshiravan Kazem Nejhad, Seyed Moayed Alavian*. Effects of self–Care program on quality of life of cirrhotic patients referring to Tehran Hepatitis Center, *Health and quality of life outcomes*, 2005.
- [Persian Articles published in Local Journals](#)



- Salimeh Akbarzadeh, Mitra Zandi*, Sepideh Hajian, Leila Nazari, Malihe Nasiri. Quality of Patient-Centered Care from the Viewpoint of Infertile Clients in the ART Centers of the Hospitals of Shahid Beheshti University of Medical Sciences. *Iranian Journal of Obstetrics, Gynecology and Infertility* 2021 January; 23(11): 51-59.
- Maryam Esmaili, Mitra Zandi*. The Consequences of Transcatheter Arterial Chemoembolization in Patients with Liver Cancer. *Iranian Journal of Gastroenterology & Hepatology (GOVARESH)* 2020; 25(2): 86-91.
- Maryam Esmaeili, Mitra Zandi*, Hossein Ghanaati. Predictive Factors of Health-Related Quality of Life in Patients with Liver Cancer *Iranian Journal of Gastroenterology & Hepatology (GOVARESH)* 2020; 25(1): 23-30.
- Maryam Esmaili, Mitra Zandi*. The Efficacy and Complications of Treatment Modalities in Patients with Liver Cancer: A Review Study. *GOVARESH* 2020; 7(4): 206-216.
- Maryam Esmaili, Mitra Zandi*. Assessing Surgical Risk in Patients with Liver Cancer in Emam Khomeini Hospital from 2019 to 2020. *Scientific Journal of Kurdistan University of Medical Sciences* 2020; 25(2): 120-131.
- Seyyedeh Narjes Mousavizadeh, Tahereh Ashk Torab*, Fazlollah Ahmadi, Mitra Zandi. Barriers to adherence to therapy in patients with diabetes. *Quarterly Journal of Diabetes Nursing*. Summer 2016, 4 (3): 94-108.
- Fariba Ebtekar, Foruzan Lahavani, Mitra Zandi. Emotional experiences of Iranian women with Mayer-Rokitansky-Hauser Syndrome. *Kurdistan University of Medical Sciences & Health Services, Educational and Research Deputy of Kurdistan University of Medical Sciences, Kurdistan University of Medical Sciences, the website of the Continuous Education Administration, 2016, www.cmek.ir.*
- Azita Pourshirvani, Jila Abed Saedi*, Niloofar Nikoozad, Mitra Zandi. The impact of home care based on the Continuous Care Model by family caregivers on activities of daily living of stroke patients. *Journal of Nursing and Midwifery Faculty, Shaheed Beheshti University of Medical Sciences & Health Services, Autumn 2016; 26(94): 61-73.*



- Azita Gashbasbi, Mitra Zandi, Zhila Sedeghi, Katayon Jahangiri. Endometriosis and sexual health: a systematic review. *Peys Research Journal*, Fourteenth year, Issue 1, Jan and Feb 2014, pp 25-40.
- Mitra Zandi, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Social support systems available to surrogacy commissioning mothers: A challenge facing infertility centers. *Journal of Nursing Management*, Vol 2, Issue 4, 2013.
- Mitra Zandi, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Families' experiences about legal implications of surrogacy. *Iranian Journal of Obstetrics, Gynecology and Infertility*, Aug 2012.
- Mitra Zandi, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Experiences of commissioning mothers in selection of a surrogate mother. *Evidence-Based Care Journal*, Autumn 2012.
- Mitra Zandi, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi, Narges Bagheri Lankari. Passing the stressful period of doubt and decision making: experiences of commissioning mothers to confront and accept surrogacy. *Science and Research Bimonthly of Urmia Nursing Faculty*, Issue 6, Permanent 41, Jan and Feb 2012, pp 823-807.
- Mitra Zandi. The use of aromatic oils in the treatment of diseases - aromatherapy. *Nokhbegan Pezeshki Research Monthly*, Issue 8, Mar and Apr and 2010.
- Zohreh Vares, Mitra Zandi, Parvin Baqae, Negin Masoudi Alavi, Neda Mirbagher Ajorpaz. Quality of life and associated factors in patients with diabetes mellitus from Kashan Diabetes Center. *Journal of Nursing Research*, Vol 5, Issue 17, Summer 2010, pp 14-22.
- Mitra Zandi. A thyroid storm - when the body shield does not shield. *Nokhbegan Pezeshki Research Monthly*, Issue 9, May 2010.
- Mitra Zandi. Factor VIII, *Nokhbegan Pezeshki Research Monthly*, Issue 12, Dec 2010.
- Parvin Baghaie, Mitra Zandi, Zohreh Vares, Negin Masoudi Alavi, Mohsen Adib Hajbagheri. Status of self-care in diabetic patients in Kashan Diabetes Center. *Feiz Research Journal of Kashan University of Medical Sciences*. Vol 11, Issue 1, Spring 2008, pp 88-93.



- Mitra Zandi. Osteoporosis, the hidden epidemics of modern world. *Nokhbegan Pezeshki Research Monthly*, Issue 7, Nov and Dec 2008.
- Ahmadali Asadi, Mitra Zandi, Abbas Mehran, Seyed Moayed Alavian, Ali Hassanpour Dehkordi. Effect of training on improving the quality of life of patients undergoing PDferon therapy. *Research Journal of Iran University of Medical Sciences*, Vol 14, Issue 56, Fall 2007, pp 21-28.
- Mitra Zandi, Ahmadali Asadi, Abbas Mehran, Ali Hassanpour Dehkordi, Seyed Moayed Alavian. Effect of training continuous interferon therapy on the quality of life of patients with chronic hepatitis B and C. *Research Journal of Shahre-Kord University of Medical Sciences*. Vol 8, Issue 3, Fall 2006, pp 62-70.
- Mitra Zandi, Eesa Mohammadi, Ahmadali Asadi, Ali Hassanpour Dehkordi, Observation of patient rights regarding consent to surgery before the surgery in patients presenting to hospitals in Tehran. *Research Journal of Ardebil Nursing and Midwifery Faculty*, Vol 7, Spring 2005, pp 20-29.
- Mitra Zandi, Seyed Moayed Alavian, Robabeh Memarian, Anoushirvan Kazemnejad. Effect of self-care program on the quality of life of patients with cirrhosis presenting to Tehran Hepatitis Center. *Iran University Research Journal*, Vol 11, issue 41, supplement 1, 2004.

Books

- **Author: Add two nursing diagnoses to NANDA International Diagnosis 2021-2023: Heather Herdman, Shigemi Kamitsuru, and Camila Takáo Lopes, NANDA International Nursing Diagnoses: Definitions and Classification (2021-2023), Thieme; 12th edition (February 15, 2021).**
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2022 - Reproduction and Breast Diseases*. Jameenegar Publishing House. 2022.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2022 - Orthopedics Disorders*. Andisheh Rafi Publishing House. 2022.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2022 – Nervous System Disorders*. Andisheh Rafi Publishing House. 2022.
- Translator: The book of *Clinical Companion to Fundamental of Nursing 2021*. (by Patricia A. Potter, Anne Griffin Perry, Patricia A. Stockert, and Amy Hall). Elsevier. In press.
- Author: the book of *Nursing Question Bank*. Andisheh Rafi Publishing House, 2022.
- Author: the book of *Esencial awareness in using IVF*. Royan Research Center Press, 2021.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2018 - Reproduction and Breast Diseases*. Jameenegar Publishing House. 2018.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2018 - Orthopedics*. Andisheh Rafi Publishing House. 2018.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2018 – Liver Diseases*. Andisheh Rafi Publishing House. 2018.
- **Author: a chapter from the Handbook of Gestational Surrogacy: International Clinical Practice & Policy Issues, chapter entitled “Reproductive Surrogacy in Iran”. Cambridge University Press, 2016.**



- Wrote the book of *Esencial awareness in using surrogate uterus*. Royan Research Center Press, 2014.
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2014 - Orthopedics*. Andisheh Rafi Publishing House, 2014.
- Author: a chapter from the book of *Viral Hepatitis*:
- Ahmad Ali Asadi Noghabi, Fatameh Bahramnejad and Mitra Zandi (2013). *Viral Hepatitis, Practical Management of Chronic Viral Hepatitis*, Prof. Gaetano Serviddio (Ed.), ISBN: 978-953-51-1109-2, InTech, DOI: 10.5772/55915. Available from:
<http://www.intechopen.com/books/practical-management-of-chronic-viral-hepatitis/viral-hepatitis>
- Translator: the book of *Brunner's Medical-Surgical Diseases, 2010 - Orthopedics*. Andisheh Rafi Publishing House, 2014.
- Edited the translated book of *Brunner's Medical-Surgical Diseases, 2018 - Endocrine and Metabolism Diseases*. Andisheh Rafi Publishing House, 2010.
- Author: the book of *Treatment and nursing care in cardiac arrhythmias*. Salemi Publishing House, 2009.
- Author: the book of *Population and Family Planning*. Andisheh Rafi Publishing House, Spring 2006, nine times reprinted.
- Author: the book of *Nursing Question Bank*. Andisheh Rafi Publishing House, 2005, reprinted eleven times.
- Author: the book of *Learning Process and Principles of Patient Education*. Boshra Publishing House, 2004, reprinted two times.
- Author: the book of *The comprehensive textbook of nursing*. Andisheh Rafi Publishing House, 2002, reprinted eight times.